

**Name/Title:** Fun Pumpkin Boxing Cardio Game

**Purpose of Event:** This is a fun halloween themed lesson to have students work on reaction time and build some cardio by throwing jabs and crosses.

**Suggested Grade Level:** all

## Description of Idea

See video below for explanation:

[See Video](#) (Opens new window in YouTube)

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Submitted by **Idrissa Gandega** in new york, NY. Thanks for contributing to PE Central! **Posted on PEC: 11/10/2020.**

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