Name/Title: Cultural Movements Unit with Daily Lesson Plans

Purpose of Event: The purpose of the activity is to challenge students to explore and identify cultural movements from their own culture. After researching this, they will develop a short presentation that gives history and context to the movement, as well as demonstrate at least 30 seconds of that movement.

Prerequisites: None

Suggested Grade Level: 9-12

Materials Needed: Video links to cultural movements that reflect the cultural composition of your students.
Daily lesson plans located in shared dropbox folder. (opens link in new window)

Description of Idea

Over the course of a 2-week unit, students will first learn about their teacher's culture and see them perform a short performance of their own cultural movement. Next, the teacher will bring in community guests (if available) or show videos of different forms of cultural movement (dance, ritual, etc) that reflect the cultures of the students in the class. The students will then begin researching their own cultural movement and develop a short presentation that will be shared with their peers at the end of the unit. The students will learn how to perform the movement and also learn how to structure a presentation.

All of the lesson plans and the unit plan outline are available in this dropbox folder. (opens link in new window)

Note: The Excel spreadsheet included has links to the lesson plans but they do not work. The lesson plans are included in the folder above.

Assessment Ideas:

-Daily homework assignments that challenge students to create an outline to their presentation (formative)
-Presentation at the end of the unit (summative)

Adaptations for Students with Disabilities:

Physical Disabilities - Their physical movement can be modified as they see fit and/or they can share a video of their cultural movement and explain its context.

Submitted by **Joseph Gauntlett** in San Ramon, CA. Thanks for contributing to PE Central! **Posted on PEC: 10/14/2020**.

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