Name/Title: Soccer Golf

Purpose of Event: For students to practice golf etiquette without the use of golf clubs, balls, etc.

Prerequisites: Students should understand the following golf rules/etiquette:
1. The person whose ball is farthest from the tee kicks first.
2. Everyone in the group must remain behind the person who is kicking until after they kick.
3. When someone is about to kick, there should be no talking.
4. The person with the lowest score kicks first from the next tee.

Suggested Grade Level: 6-12

Materials Needed: 18 poly spots (numbered 1-18), 18 cones (numbered 1-18), soccer balls (one for each student), and a large outdoor field/area.

Description of Idea

First of all, you will need to set up a course before class starts. Each poly spot represents a tee and each cone represents a hole. Put the #1 spot on the ground. Walk 10-100 yards away (depending on available space, kicking abilities of students, etc.) and put the #1 cone on the ground. Walk a few yards away and put the #2 poly spot down. Continue this until all 18 poly spots and cones are set up like a golf course.

The object of the game is to use your leg and foot as the golf club, the soccer ball as the golf ball, the poly spot as the tee and the cone as the hole. In order for it to count, the ball must hit the cone. Students should try to hit the cone with their soccer ball with the fewest number of kicks possible.

Use a shotgun start to minimize waiting time for your students. For example, if you have 36 students, 2 students start at each poly spot (tee). If all students started at poly spot #1, there would be a long line. Students who start at spot #1 will finish when they return to spot #1. Students who start at spot #6 will finish when they return to spot #6.

There are countless golf rules and etiquette procedures that can be taught in this lesson other than those listed in prerequisites. Some include:

1. Lowest score wins.
2. The first shot is always from the tee.
3. Let the ball come to a complete stop before you hit your next shot.
4. Don't touch any ball other than your own.
5. Terms (par, birdie, eagle, bogey, hole in one, fore, green, fairway, etc.) can be taught.
6. A group (foursome) must wait until the group in front of them are out of range before they kick.

Assessment Ideas:

Ask them to write some rules or etiquette procedures about golf.

As students play, they can assess penalty points to students in their group who are not following proper etiquette. For example, a student who is talking while someone is kicking would add 1 point to their score for the hole.

At the end of the round, have students indicate the level of responsibility (Hellison) each of the people in their group participated in during the day, and give examples (e.g., level 0-4).

Teaching Suggestions:

Have students set up the course.

If you will use the course on consecutive days, use spray paint to mark spots on the grass for faster setup of cones and poly spots.

Draw a score card of the course.

Include distance and par for each hole on a score card.

Use different balls/flying discs.

Modify the activity to include a fitness component by having students run to kick their ball. They must rest at the tee until the group in front of them complete the hole.

Adaptations for Students with Disabilities:

Set up the course with fewer than 18 holes if necessary on available blacktop space for easier access.

Students can roll or throw a ball or Frisbee instead of kicking a soccer ball.

Submitted by **Bob Wright** in Richboro, PA. Thanks for contributing to PE Central! **Posted on PEC: 12/6/2001**.
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