Name/Title: Who Let The Dogs Out Mixer

Purpose of Event: To increase dance skills while having fun dancing to popular music.

Suggested Grade Level: 6-12

Recommended music: "Who Let the Dogs Out" by Baha Men

Beginning dance formation: Double circle partners facing (not holding hands)

Dance source: Dance developed by Judy Black.

Description of Idea

Part I: Step-close-step-jump (Boy's part given, reverse for girl's part)

Counts 1-4

Count 1 - Step to the left on the left foot and slap left hand on left leg.
Count 2 - Close the right foot to the left and slap right hand on right leg.
Count 3 - Step to the left on the left foot and clap own hands together.
Count 4 - Jump, bringing both feet together and slap partners raised hands.

Counts 5-8

Repeat counts 1-4 starting on right foot and slapping right hand to right leg.

Counts 9-16

Repeat counts 1-8.

Part II: Step-touches (Boy's and girl's parts are the same)

Counts 1-4

Count 1 - Both partners step on the right foot making 1/4 turn to the left so partners' right hips are close together.
Count 2 - Touch the left foot beside right and slap partner's raised right hand.
Count 3 - Step to the left on left foot.
Count 4 - Touch the right foot beside the left and slap right hand to own right leg.

Counts 5-16

Repeat counts 1-4 three more times for a total of 16 counts.

Part III: Pivot turns, 3 walks, and jump (Boy's and girl's parts are the same)

Counts 1-4

Count 1 - Step forward on right foot facing away from partner.
Count 2 - Pivot 1/2 turn to the left.
Count 3 - Step forward on right foot.
Count 4 - Pivot 1/2 turn to the left.

Counts 5-8

Walk forward 3 steps (right-left-right).
On Count 8, jump and turn 1/4 turn to the right to face new partner.

REPEAT from the beginning.

Variations:

Make it a 4-wall line dance by having all students begin without partners and in lines facing one wall. All begin on right foot (since no partner - claps are optional). On last count of dance instead of jumping and turning 1/4 turn to the right, just jump without a change of direction.

Submitted by **Judy Black** who teaches at Eastern Illinois University in Charleston, IL. Thanks for contributing to PE Central! **Posted on PEC: 11/2/2001**.

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