

Name/Title: Thanksgiving Physical Education Board Game

Purpose of Event: To engage students in a fitness-based activity to keep students active and engaged during Thanksgiving and during the winter months.

Suggested Grade Level: 3-5

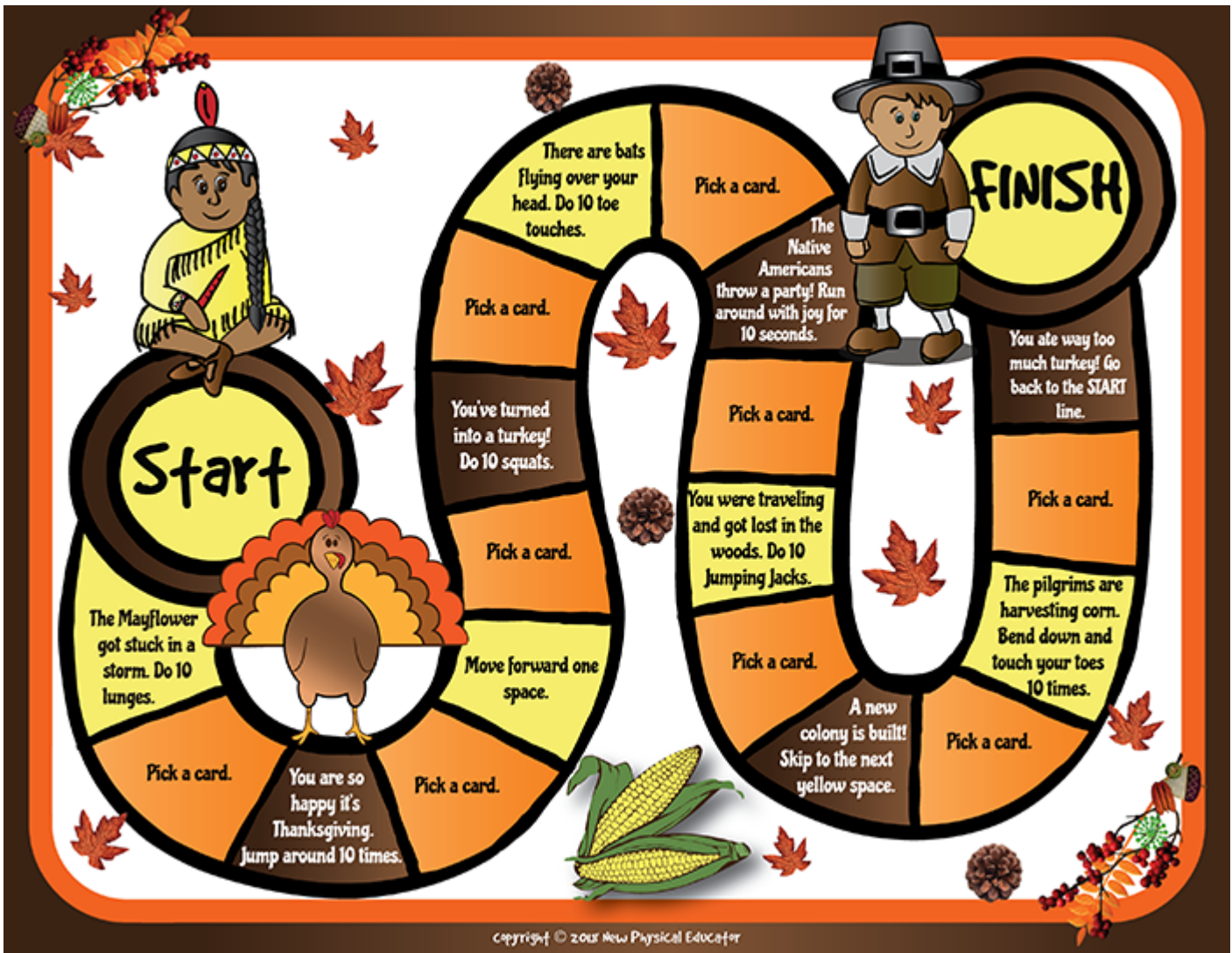
Materials Needed: Board Game materials located in the [Editable PowerPoint](#) / [PDF](#)

Description of Idea

This is a great fitness type game that is done with a board game. All of the directions and materials you need are located in the PowerPoint in the Materials Section. See below for more information.

How to Play

- ✔ Prepare the game by constructing the dice. Cut out the Thanksgiving player pieces and game cards.
- ✔ Get into groups of two to four students.
- ✔ Each player chooses a different color player piece.
- ✔ Teams only require one die each.
- ✔ The youngest student rolls first and the oldest student rolls last.
- ✔ Everyone in the group has to do the exercise a player lands on or any activity on a card a player chooses.
- ✔ The first person to get to the finish line wins.



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