

Name/Title: Sweep the Floor (Broom Hockey)

Purpose of Event: To reinforce passing and shooting in floor hockey by using a broom. This emphasizes that the broom needs to stay low to the floor and that students will need to use a sweeping motion to move the ball. Students will work in pathways and practice using force when passing and shooting.

Prerequisites: Students will already be familiar with passing and shooting. Students will also have knowledge of safety when working with stick objects.

Suggested Grade Level: K-2

Materials Needed: Enough brooms for each student (child size brooms), 3 cones/poly spots per group, approximately 12 tennis balls or yarn balls per group, one “garbage can” per group (small bucket)

Description of Idea

Explain to the class that the teacher needs help in the kitchen because someone left a mess on the floor. The teacher needs the students to work together to clean up the mess and get everything into the garbage cans. Students will be in groups of three. Each student will stand at a small cone or poly spot which will be set up in a zig-zag pattern. The first student will get a ball from the pile and then pass it using the broom to the second student. The second student will pass to the third student who will then try to shoot the ball into the garbage can/target placed about 5 yards away. The student who shot the ball will then become student number one. All students will rotate so everyone has a chance to shoot three times.

Variations:

The teacher can change pathways of the cones to make more challenging for the students.

The teacher can also move the shooting targets farther away to challenge students to make an accurate shot.

Students can keep track of how many balls they were able to get into the garbage can. Each ball can be worth one point.

Students can have one different ball (different color or different size) in the pile as a bonus shot which will allow them to accumulate five points.

Adaptations for Students with Disabilities:

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