

**Name/Title:** Halloween Dance - Addams Family

**Purpose of Event:** Students will perform a basic dance, memorize the patterns and sequences as well as stay with the tempo and rhythm of the song.

**Suggested Grade Level:** 3-5

**Materials Needed:**

Music (Addams Family Kidz Bop version)

[Dance Routine Steps](#)

## Description of Idea

This activity is a choreographed routine that can be used as a warm up or cool down or as a presentation to parents. I used it with my 3rd grade students at our Halloween Assembly. My goal for my students is memorize all movement sequences and eventually be able to do the routine without any visual or verbal prompts.

[Video](#)

**Variations:**

More fitness exercises can easily be added to the routine such as squats to make it more difficult.

**Assessment Ideas:**

Students can be assessed on their ability to remember the correct sequence of each movement and stay with the rhythm of the music.

**Teaching Suggestions:**

This routine can easily be adapted to a seated position or a slower version of the song can be used.

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Submitted by **Jennie Graves** who teaches at MSA-West in Plaquemine, LA. Thanks for contributing to PE Central! **Posted on PEC: 9/16/2019.**

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