Name/Title: Fall Team Building Field Day (Beginning School Year)

Purpose of Event: To foster a positive school/class culture which help relationships between staff and students and cooperation between classmates.

Suggested Grade Level: K-5

Materials Needed:
Scooters/Cones/Jerseys
Slackline
Long Jump Ropes
Parachute (Large)
Hula Hoops
Poly Spots

Description of Idea

Fall Field Day (Teambuilding Day) is arguably more important than the all-time storied end-of-year field day--which we still do. Fall Field Day focuses on team and class building between students and staff is a perfect way to kick off the school year and will sow benefits to be reaped by way of relationships, culture, behavior, and school atmosphere.

This Field Day really helps set the tone for a great year in which we start off all on the same page.

Download Activities and Schedule (PDF | Microsoft Word)

Note: Please adjust teacher names/logistics/locations based upon your unique school situation.

Submitted by **Eric Urlacher** in Rock Springs, WY. Thanks for contributing to PE Central! **Posted on PEC: 7/16/2019**.

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