

## **Name/Title:** Adapted Hockey Bean Bag Match

**Purpose of Event:** To modify a hockey activity to accommodate non-ambulatory students via gait trainers, wheel chairs, powered wheel chairs etc.

**Prerequisites:** The ability to distinguish colors; the ability to make purposeful movement with minimal to moderate assistance.

**Suggested Grade Level:** all

**Materials Needed:** -2 hockey sticks per student OR -1 hockey stick and 1 hockey stick blade taped together -Tape or Velcro straps -various colored poly spots, markers or cones -various colored bean bags or yarn balls

### Description of Idea

The purpose of this activity is for non-ambulatory students to independently match bean bags while implementing a hockey stick.

- Hockey stick should be strapped to w/c or gait trainer so the two blades rest on the floor with creating minimal friction, so students are able to move around the area without restriction.
- Scatter bean bags or yarn balls of various colors in one area of room / gym. ]
- Depending on ability, line up various colored poly spots with several feet in between polyspots to allow a wheelchair or gait trainer to go in between.
- Have students ambulate to a bean bag or yarn ball on floor and with purposeful movement align the bean bag or yarn ball in between the 2 hockey blades.
- Have the student ambulate from the area of bean bags or yarn balls to where you have placed the various colored poly spots.
- Have the student match the bean bag or yarn ball to the same colored poly spot.
- Have the student repeat the process until all bean bags have been matched to the same colored poly spot.

### **Variations:**

- Change the space in between the bean bags and poly spots depending on skill level
- Add pathways using tape for students to follow.
- Add or subtract the number of colors when matching depending on skill level.
- Use American Sign Language when having students match colors
- Add obstacles for students to navigate around.
- Add numbers to the bean bags and have the students match numbers to numbers etc.

### **Assessment Ideas:**

- Ask students to match specific numbers or colors to assess learning.
- Have students ambulate in various pathways without a guide to assess the understanding of various pathways (straight, curved, zig-zag)

### **Adaptations for Students with Disabilities:**

This activity has been created specifically for non ambulatory students. This activity can be done in a gymnasium, in a hallway, in a classroom.

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Submitted by **Jameson Flynn** who teaches at Fall River Public School District in Fall River, MA. Thanks for contributing to PE Central! **Posted on PEC: 12/14/2018.**

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