

Name/Title: Rain Drop Game

Purpose of Event: To practice the overhand and underhand throw.

Prerequisites: Lesson plan(s) teaching the overhand and underhand throw using cues.

Suggested Grade Level: K-2

Materials Needed: One softball size "soft" ball and scooter for each student, One large trash can, Small cones

Description of Idea

Make a "cloud activity area" in the center of the gym using the small cones. Place the trash can in the middle. Scatter the balls outside of the "cloud activity area". Ask students to put "on their imagination hats" and pretend to be sky chasers!

Students are to collect all of the raindrops (balls) that are in the sky and put them back in the clouds (trash can). Only the teacher can enter the "cloud activity area" (designated by cones) to throw raindrops back outside of the cloud activity area (students can NOT enter the area). *If there are a lot of raindrops in the cloud area, the teacher can shout "thunderstorm"; students enter the cloud area, grab a raindrop and return to outside the cloud area.

Activity 1: On a signal, students grab a raindrop and try to underhand throw it into the cloud (teacher reminds them to use the cues for the underhand throw).

Activity 2: On a signal, students grab a raindrop and try to overhand throw it into the cloud (teacher reminds them to use the cues for the underhand throw).

Provide each student a scooter (the "cloud racers").

Activity 3: On a signal, students use their cloud racer to grab a raindrop. and try to underhand throw it into the cloud (after the activity, the teacher asks students if it was harder to underhand throw the raindrop without the use of their legs-part of the cues).

Activity 4: On a signal, students use their cloud racer to grab a raindrop. and try to overhand throw it into the cloud (after the activity, the teacher asks students if it was harder to overhand throw the raindrop without the use of their legs-part of the cues).

Assessment Ideas:

Create a rubric that uses the cues as categories for the underhand and overhand throw.

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