Name/Title: The Great Spaghetti Locomotor Mashup

Purpose of Event: To have children practice locomotor skills.

Suggested Grade Level: K-2

Materials Needed:

30 – 50 pool noodles
beanbags (or another object to place in themiddle of the playing area)
2 poly spots per student
4 cones to mark off the playing area.

Description of Idea

This lesson idea allows children to get a lot of practice using their locomotor skills. The entire lesson idea is available in this PDF file. The assessment for the idea is available below as well.

Locomotor Mash Up Lesson Idea (PDF)

Locomotor Mash Up Assessment (Microsoft Word so editable so you can change it to fit your needs)

Lesson Idea Preview (Click image for full lesson idea)



Assessment Preview (Click image for full assessment)



Assessment Ideas:

See downloadable/editable Word document above.

Submitted by **Charles Silberman** who teaches at Rolling Terrace Elementary School in LAUREL, MD. Thanks for contributing to PE Central! **Posted on PEC: 10/17/2017**.

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