

Name/Title: [The Great Spaghetti Locomotor Mashup](#)

Purpose of Event: To have children practice locomotor skills.

Suggested Grade Level: K-2

Materials Needed:

30 – 50 pool noodles

beanbags (or another object to place in the middle of the playing area)

2 poly spots per student

4 cones to mark off the playing area.

Description of Idea

This lesson idea allows children to get a lot of practice using their locomotor skills. The entire lesson idea is available in this PDF file. The assessment for the idea is available below as well.

[Locomotor Mash Up Lesson Idea \(PDF\)](#)

[Locomotor Mash Up Assessment \(Microsoft Word so editable so you can change it to fit your needs\)](#)

Lesson Idea Preview (Click image for full lesson idea)



Assessment Preview (Click image for full assessment)



Assessment Ideas:

See downloadable/editable Word document above.

Submitted by **Charles Silberman** who teaches at Rolling Terrace Elementary School in LAUREL, MD. Thanks for contributing to PE Central! **Posted on PEC: 10/17/2017.**

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