

Name/Title: [Assessing Basic Physical Skills for K-2 \(Rubric\)](#)

Purpose of Event: To assess the essential skills of running, skipping, walking backwards, and side step.

Prerequisites: Students should have been introduced to all skills and practiced several times before first assessment. Students should also practiced general safety in open spaces.

Suggested Grade Level: K-2

Materials Needed:

Activity space with clear boundaries

[Assessment Sheet with Rubric](#)

Description of Idea

This is an ongoing assessment of locomotion skills. A couple times a week, students start class performing these skills from end line to end line. At times, have the students perform skills in gym space randomly. Helpful phrase, 'watch out for your neighbor'.

[Assessment Sheet with Rubric](#)

Teaching Suggestions:

Helpful phrases to use:

'watch out for your neighbor'

'hands to yourself'

'stay on your feet'

'use inside voice'

Submitted by **Pamela Niesen** who teaches at Wrenshall School in Wrenshall, MN. Thanks for contributing to PE Central! **Posted on PEC: 4/24/2017.**

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