

**Name/Title:** **Cross the River Cooperative Activity**

**Purpose of Event:** To teach students to work together cooperatively and think outside the box.

**Suggested Grade Level:** 3-5

**Materials Needed:**

Polyspots

Gymnastics mats

Aerobic steps

You can modify and adjust based on the equipment that you have available.

### Description of Idea

For this activity the students will work together to try and cross a toxic river without falling.

After completing Level 1 students will discuss strategies, then they will attempt progressing levels of difficulty as the activity becomes more and more challenging. See set up and guide below along with a video of the activity.

[Detailed activity guide and setup](#) (Opens new window and takes you outside of PE Central)

**Video**

**Teaching Suggestions:**

Questioning for your students to use at closure or you can make up a written assessment:

- What strategies did your team use to get across the river?
- What problems did you have to solve and how did you solve them?
- What was one way you worked through a frustration that your team had?

**Adaptations for Students with Disabilities:**

Allowing more spots or declaring that wheelchairs have "magic" wheels that allow them to float on top of the water.

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Submitted by **Ben Landers** who teaches at River Springs Elementary in Columbia, SC. Thanks for contributing to PE Central! **Posted on PEC: 3/20/2017**. Printed 1406 times since 3/15/2017.

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Printed: 11/14/2018 5:48:32 AM EST

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