**Name/Title: Pokemon Power**

**Suggested Grade Level:** K - 5

**Materials Needed:** Pictures of Pikachu, Charmander, Diglett, Wheedle,Mankey. Preferably laminated for long use. Pokemon theme song

## Description of Idea

Each card will say a different locomotor skill:

Jump like Pikachu
Whip tail like charmander
Crouch like Wheedle
Skip like Mankey.

When you play the music, hold up the card of your choice and the students will do whatever that pokemon does. Switch when necessary.

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Submitted by **Meghan De Groodt De Groodt** in Sutter, CA. Thanks for contributing to PE Central! **Posted on PEC: 1/31/2017**.

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