

Name/Title: Hulu Hoop Colors

Suggested Grade Level: PreK-1

Materials Needed: Hula Hoops in different colors
Music

Description of Idea

Teacher will lay out hulu hoops all over the gym or wherever there is enough space before students arrive.

Make sure you have different colors all around the area. Tell the children to dance to the music and when the music stops, find a hulu hoop; 1 hoop per student. Once they find a hulu hoop ask them to shout out what color they are in. This is a great way for them to reinforce their colors in a fun way.

If you feel the students are able to shout out their colors really well, shout out what color you want them to find. Call out blue, students dance to closest blue hoop. Each student puts one foot into the hoop then listens for next color. They can share hoop when teacher calls the color.

Variations:

Use dance moves or different locomotor skills.

Adaptations for Students with Disabilities:

If you have a child who is in a wheelchair, instead try using big colored paper taped to the ground so that they are able to participate.

Submitted by **Meghan De Groodt** in Sutter, CA. Thanks for contributing to PE Central! **Posted on PEC:** 2/1/2017.

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