Name/Title: Fantastic Fitness Sport Education Season

Purpose of Event: To increase fitness awareness, levels and education while of using the Sport Education Model.

Suggested Grade Level: 4-12

Materials Needed: See season unit plan for pictures and list.

Description of Idea

Use this 20 day Full Fantastic Fitness Sport Education Season to educate students on fitness and working together. The write up has all of the information you need to have to duplicate this Season including descriptions, assessments and other resources.

Full Fantastic Fitness Sport Education Season (PDF)
Full Fantastic Fitness Sport Education Season (Word)

Submitted by **Peter Hastie** who teaches at Auburn University Thanks for contributing to PE Central! **Posted on PEC: 11/21/2016**.

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