

**Name/Title:** Movement Concepts (Pathways, Levels, Body Shapes) with Rubric

**Purpose of Event:** This assessment was designed to check for understanding of some of the basic movement concepts like pathways, levels and body shapes.

**Suggested Grade Level:** K-2

**Materials Needed:** [Assessment Sheet](#), [Assessment with Grading Rubric](#)

## Description of Idea

Have students find a space by themselves in the gym so they can't see each others papers. Give an assessment page and writing utensil to each student. You may have to write the student's name on the paper if they can't write their own names yet. Ask them to write their names and grade only to begin. Once they do this, ask them to sit criss-cross if they were ready for the next direction. I took my students through the assessment one question at a time. After each question, ask them to sit criss cross when they ar ready for the next direction. They did so easily.

**Student Example**

# Jon

K-Smith

### Pathways

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Straight

Zig Zag

Curved



### Body Shape



Circle the picture that is twisted

### Levels



Circle the animal the moves at a high level.

Score: \_\_\_\_\_

Submitted by **Becky Miller** who teaches at Moravian Academy in Bethlehem, PA. Thanks for contributing to PE Central! **Posted on PEC: 10/27/2016.**

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