

Name/Title: MyPlate Food Classification Assessment

Purpose of Event: To assess each individual students ability to place correct foods in correct food groups using MyPlate.

Suggested Grade Level: 1-2

Materials Needed: Writing utensil.

Description of Idea

After teaching and working with the MyPlate diagram use this assessment to see if students are understanding the concepts.

[MyPlate Assessment Sheet](#)

Submitted by **Andrew Riddick** in Gatesville, NC. Thanks for contributing to PE Central! **Posted on PEC: 10/20/2015.**

Visit [S&S Discount](#) for all your physical education equipment and supplies!