

Name/Title: Underhand Rolling

Purpose of Event: To assess if 1st graders can illustrate 2 or more underhand rolling cues.

Suggested Grade Level: K-2

Materials Needed: [Underhand Rolling Assessment Sheet](#)

Description of Idea

Use this assessment to determine if 1st graders understand the cues for underhand rolling. You can use it as a pre-assessment to determine what your kids know before teaching any lessons on underhand rolling or you can offer the assessment to kids after you have taught some underhand rolling lessons.

This assessment was created to meet the NC standard 1.MC.2.2.

[Underhand Rolling Assessment Sheet](#)

Pictures are taken from Teaching the Nuts and Bolts of Physical Education book by Allison Colvin, Nancy Markos, and Pamela Walker. Available for purchase at HumanKinetics.com.

Submitted by **Vicky Fowler** who teaches at Morehead Elementary in Greensboro, NC. Thanks for contributing to PE Central! **Posted on PEC: 9/10/2015.**

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