

Name/Title: Chittick Champion Physical Education Class Rules

Purpose of Event: To have class rules that are related to a school theme.

Suggested Grade Level: 3-5

Materials Needed:

[Class Rules \(Word Document form so you can change name of school\)](#)

[Class Rules \(PDF\)](#)

Description of Idea

This school year our school theme is Chittick Champions. Therefore, I came up with a way to get my classroom rules across to the students while including the school theme. I tell my students "Following the rules in PE will make us a Chittick CHAMPION"; the rules spell out CHAMPION. Below are what my rules look like. In addition they are presented in a Word document that you can download and change the name of the school so it fits your school.

Cooperation: Use teamwork and show good sportsmanship

Hands: Keep hands and body parts to ourselves

Attention: Enter and exit with a quiet body and voice

Motivate: Get excited to learn, exercise and have fun

Prepared: Always wear sneakers and proper clothes

Involvement: Always participate and give best effort

Others: Respect the teacher, environment and your classmates

Noise: Stop, Look and Listen on the whistle or music

[Class Rules \(Word Document form so you can change name of school\)](#)

[Class Rules \(PDF\)](#)

Assessment Ideas:

After reviewing the rules, I will say a letter and word that goes along with it (e.g. C or Cooperate). I then ask a student to define what that word means for the class rules.

Submitted by **Matthew Randal** who teaches at Murray A. Chittick Elementary School in East Brunswick, NJ.
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