

Name/Title: Underhand vs. Overhand Throwing Assessment

Purpose of Event: To quickly assess if students can distinguish between the differences between the underhand and overhand throw.

Suggested Grade Level: K-2

Materials Needed: [Throwing Exit Slip](#) and a writing utensil.

Description of Idea

This is a great assessment to do with younger children to see if they know the difference between overhand and underhand throwing. It is great to do early in the year so you get a sense of what you will need to teach them.

The students circle the cartoon character performing the correct type of throw. We typically do our assessments at the end of the class so that is why we call it an "exit slip". You could do this at the beginning of class making it an "entrance slip."

[Throwing Exit Slip](#)

Submitted by **Bethany Clegg** in Muncie, IN. Thanks for contributing to PE Central! **Posted on PEC: 10/8/2015**

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