Name/Title: Cooperation Self-Reflection in PE

Purpose of Event: To assess how well students cooperated and worked well with others during the physical education class.

Suggested Grade Level: 4-5

Materials Needed: Cooperation Self-Reflection Sheet and something to write with.

Description of Idea

The last few minutes of class I have the students line up in their class lines. I hand out writing utensils and the Cooperation Self-Reflection Sheet. The students not only rate how well they think they did, but the assessment requires them asks them to state why they rated themselves high or low. This makes the students step back and see what their strengths and weaknesses are with cooperation.

This assessment also asks the student to justify why they rated themselves as high or low. I have found that having the students justify why makes them actually think about all of their actions during class.

Cooperation Self-Reflection Sheet

Submitted by **Ann Van Loo** who teaches at Lake Windward Elementary in Alpharetta, GA. Thanks for contributing to PE Central! **Posted on PEC: 5/12/2014**.

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