Name/Title: 100th Day Cup Stacking Activities

Purpose of Event: To celebrate the 100th day of school by working in a group and completing a variety of cup stacking challenges.

Suggested Grade Level: K-5

Materials Needed: Six station cards with a different 100 cup challenge on each card; 100 cups for each station (Solo cups, styrofoam cups, Dixie cups, etc.)

Description of Idea

At each station, students are trying to work together to complete the 100 cup challenge.

Divide class into 6 stations.

Station 1) Using all your cups make the number "100".

Station 2) Make 20 towers (stacking cups on top of each other, one right side up, the next on top upside down, etc.) stacking 5 cups in each tower.

Station 3) Use all 100 cups and make 1 big pyramid.

Station 4) Use all 100 cups and make the first letter of your school name. (Ex: our school is Jefferson, so we make a giant letter "J" with our cups.)

Station 5) Make 10 pyramids using 10 cups in each pyramid.

Station 6) Using all 100 cups, make a giant star (or another shape of your choice).

Variations:

1. add locomotor skills to one or more station for variety and to increase heart rate

2. allow students to throw a ball from a distance to knock down stacked cups (think safety first)

3. use a bat/ball to knock down stacked cups (think safety first)

4. allow students to create their own challenge (group or individual)

5. Ask the students what other stacking ideas or shapes we could've created with 100 cups?

Adaptations for Students with Disabilities:

This is a great activity for students with disabilites. I have one student who struggles sitting on the floor, so I set up a small table for them so they can stack or use their cups on the table.

Submitted by **Andrea Etheridge** who teaches at Jefferson Elementary School in Princeton, IL. Thanks for contributing to PE Central! **Posted on PEC: 9/10/2014**.

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