

**Name/Title:** Volleyball Battleships

**Purpose of Event:** To identify and apply principles of practice to enhance performance and accuracy.

**Prerequisites:** The underhand serve should be taught before playing this game.

**Suggested Grade Level:** 3-5

**Materials Needed:** Volleyball nets, practice (light) volleyballs, cones and yoga mats or hula hoops. The volleyball court area needs to be defined.

### Description of Idea

After an initial practice time using volleyball underhand serves, divide the class into two or three teams depending on the number of nets that are available. Each team will have "servers" and "ball shaggers" separated by the net. The "servers" will serve from behind a designated line. The "ball shaggers" stand on the other side of the net but off the court. Their job is to quickly roll the balls to the "servers" after they have landed. Hoops or yoga mats (the battleships) are arranged on the side of the net where the "Ball Shaggers" are located. A "battleship" is sunk when a server is able to serve the ball over the net and have it land in the hoop or on the yoga mat. If a "battleship" is sunk(hit), the "ball shaggers" remove it from the floor. The sides remain in position until all the battleships are hit(removed). Then change sides and start again.

### **Variations:**

You could create closer serving lines for less skilled children to utilize.

### **Assessment Ideas:**

You can use this game to assess an individual's serving technique and accuracy.

### **Teaching Suggestions:**

Keep the teams small so each student has lots of practice.

### **Adaptations for Students with Disabilities:**

Children with disabilities can be moved to a closer location to serve or can use an underhand toss.

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Submitted by **Adrienne Dabbenigno** who teaches at Dominion Trail Elementary in Ashburn, VA. Thanks for contributing to PE Central! **Posted on PEC: 5/3/2013.**

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