

Name/Title: Jump Rope Peer Assessment

Purpose of Event: To have students self monitor their jump roping skills. This assessments lets students know what jumps they need to spend more time practicing.

Suggested Grade Level: 3-5

Description of Idea

This assessment can be used as a self assessment or a peer assessment. It allows students to monitor their personal progress and see where they could use additional practice time. The jumps listed are ones the students have practiced during the week.

Jump Rope Checklist

Submitted by **Hillary Palumbo** who teaches at Dawes Elemntary School in Evanston, IL. Thanks for contributing to PE Central! **Posted on PEC: 2/20/2015.**

Visit [S&S Discount](#) for all your physical education equipment and supplies!