

Name/Title: [Gymnastics Sequence](#)

Purpose of Event: To assess performance in student designed movement sequences combining balancing, rolling, weight transfer into smooth flowing sequences. Students are given the opportunity to practice individual skills prior to this assessment and learn transitions that can be performed by combining skills. They get to choose what they want to show.

Suggested Grade Level: 3-5

Materials Needed: This assessment sheet (which you can print out from here) and crayons, pencils or other type writing utensils for the students.

Time Needed to Complete: To be completed in the students classroom, at the end of a class, or as a take home assignment.

- [Click Here for the Gymnastics Sequence Assessment Sheet](#)

Submitted by **Amy Duellman** who teaches at Steuart Weller Elementary School in Ashburn, VA. Thanks for contributing to PE Central! **Posted on PEC: 8/19/2015.**

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