

Name/Title: Through the Jungle

Suggested Grade Level: K-2

Description of Idea

Have the students spread out evenly throughout the activity space. The teacher stands in the very front of the space and has the students pretend like they are running through a jungle by jogging in place. Explain to them you are their eyes and you'll tell them if anything is coming. Kids stay in self space and do the movements in their self space.

Then the teacher begins calling out things like:

- a low tree branch is up ahead! DUCK!
- a fallen log! Leap over it!
- a banana peel! Dodge to the right!, etc.

Numerous other obstacles can be added to give students plenty of opportunity to practice ducking, dodging, and leaping.

Be creative with the types of things you yell out. I once told the students that if I yelled out, "HIDE! The monkeys are close!" The students would drop to the ground on their stomachs and the monkeys had to freeze.

Submitted by **Karlie Kennedy** who teaches at Utah State University in Logan, UT. Thanks for contributing to PE Central! **Posted on PEC: 1/15/2013.**

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