

Name/Title: Bounce to Spell

Academic content: Language Arts

Purpose of Event: Working on eye-hand coordination, cooperation and spelling skills.

Prerequisites: Basic work with dribbling, passing and catching, list of current spelling words from the classroom teacher.

Suggested Grade Level: 1-2

Materials Needed: Variety of different size playground balls (one/two students).

Physical activity: Dribbling, Passing, and Catching a Ball

Description of Idea

Students are in their own personal space with a playground ball and a partner. Students are given a spelling word from their classroom or schoolwide list. They bounce the ball to their partner saying a letter as they pass the ball. The partner says another letter as they catch the ball as they ultimately try to successfully spell out the complete word.

Variations:

To challenge the students, the teacher can suggest different types of passes....i.e. pass the ball at a low level, pass the ball quickly, pass the ball under a particular body part, pass the ball facing sideways toward your partner.

Assessment Ideas:

Ask students the following questions: Where does the ball need to bounce between you and your partner for him/her to successfully catch the ball? What type of force (strong, light) is needed as you pass the ball? What was the easiest way to catch the ball?

Submitted by **Cyndi McClure** who teaches at Bethel Elementary School in Waynesville, NC. Thanks for contributing to PE Central! **Posted on PEC: 9/2/2008.**

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