

Katherine Gallegos Kindergarten

Physical Education Profile

AnnaMaria

Baca

Teacher: Chavez

Semester

#1 #2

Physical Skills:

Underhand throwing and catching with self.

M

Arm back at the start of the throw, four out of five times.

M

Reaches for ball while catching, four out of five times.

Kicking a stationary ball.

M

Eyes are on the ball for four out of five kicks.

N

Kicks with shoelaces on four out of five attempts.

Understands pulse and its relation to activity.

NA

Can predict pulse (heart rate) based on activity.

Can skip, hop and jump continuously.

M

Skipping-continuous and fluid step-hop pattern.

M

Hopping-repeatedly springs and lands on the same foot without losing balance.

M

Jumping-takes off and lands on two feet with control.

Social Skills:

M

Stops immediately on the signal, most of the time.

M

Consistently maintains personal space while moving.

+

Listens to speaker without interrupting.

M

Works independently.

B=Beginning to meet the standard, N=Nearing the standard,
M=Meeting the standard, +=Exceeds the standard, NA=Not assessed

Katherine Gallegos First and Second Grade Physical Education Profile

Aaron

Backstrom

Teacher: Earwood

Semester:
#1 #2

Physical Skills:

Mature Overhand Throwing and Catching.

N	
N	
M	
N	
NA	
B	
M	
N	
M	
M	

Steps opposite of the throwing arm on four out of five throws.

Catches a softly thrown ball with the correct finger position on four out of five catches.

Kicking a slowly rolling ball.

Contacts a ball with shoelaces on four out of five kicks.

Can direct a kick when a ball is rolling, four out of five times.

Knowledge of Health-Related fitness concepts.

Identify an activity associated with four out of the five Health-Related components.

Jumping a self-turned jump rope.

Can jump a single jump rope at least 45 seconds without missing.

Social Skills:

Consistently stops on the signal.

Maintains personal space while moving.

Listens to the speaker without interrupting.

Works cooperatively with a variety of partners.

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Katherine Gallegos Third and Fourth Grade Physical Education Profile

Brian

Anzures

Teacher: Benavidez

Semester:

#1 #2

Physical Skills:

Performs a lead pass to a moving teammate, catching.

M	
M	
M	
M	
N	
N	
M	
M	
M	
NA	

Tosses gently to an open space ahead of a moving receiver on four out of five attempts.

Moves without stopping to catch four out of five gently thrown balls.

Striking a softly tossed ball.

Keeps eyes on the object four out of five times while striking with a paddle.

Holds arm back with arm/hand/paddle straight on four out of five attempts.

Dynamic Balance.

Demonstrates dynamic balance by traveling, stopping and rarely falling while skating.

Aerobic Capacity.

Completes PACER test to lap 25 or more.

Social Skills:

Consistently interacts responsibly with classmates.

Listens to the speaker without interrupting.

Consistently demonstrates great care while using equipment.

When on offense moves to open space, when on defense, closes space.

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