

**Year 3 Physical Education Progress Report**  
**Sir John A. Cumber Primary School**  
**2016 – 2017**

Name:

Physical Education Teacher: Mr. Eastman

Classroom Teacher:

Total Number of Classes: Present: Absent:

<i>Physical Activity Skills Assessment Key</i>		
<b>M = Master</b> Independently applies instructional objectives	<b>MP = Making Progress</b> With assistance, applies instructional objectives	<b>NY = Not Yet</b> Limited or minimum progress on instructional objectives

**PHYSICAL ACTIVITY OBJECTIVES**

Students have demonstrated the following skills in physical education class. Items which have are not marked have not been presented. *(A circled item indicates that the student is having difficulty.)*

<i><b>Movement Concepts – Student is able to distinguish among and demonstrate:</b></i>	<b>First Trimester</b>			<b>Second Trimester</b>			<b>Third Trimester</b>		
<b>Levels</b> (low, medium, high)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Personal/General Space and Locations</b> (in, on, beside, front, behind)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Pathways</b> (straight, curved, zigzag)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Tempo</b> (slow, medium, fast)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Directions</b> (up/down, forward/backward, right/left)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Relationships</b> (over/under, on/off, in front/behind, around, through, mirror)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<i><b>Locomotor Skills – Student is able to demonstrate:</b></i>	<b>First Trimester</b>			<b>Second Trimester</b>			<b>Third Trimester</b>		
<b>Walk</b> (stand tall, arms at side, head and eyes forward, step heel-toe with toes pointing straight ahead, arm swing with opposition to leg)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Run</b> (eyes forward, pump your arms and arms bent, big stride, feet straight)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Leap</b> (go, push off ground with one foot, fly and get airborne, land on the other foot)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Slide</b> (knees bent, feet parallel, move to the side,	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>

step-together)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Gallop</b> (face forward, one foot ahead of the other, front foot steps forward, back foot leaps to head of lead foot)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Hop</b> (lift one foot behind your body, push off floor, use arms to balance, land softly)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Skip</b> (arms in opposition, alternate feet, step and hop on lead foot, repeat in a rhythmical motion)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Jump (two feet)</b> (knees bent, arm swing, head up, explode and touch the sky)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Manipulative Skills – Student is able to demonstrate:</b>	<b>First Trimester</b>			<b>Second Trimester</b>			<b>Third Trimester</b>		
<b>Underhand Roll</b> using proper form: ( <i>ready position, hand under ball, face target, swing dominant arm back, step with non-dominant foot towards target, swing arm forward and roll, follow through to target</i> )	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Underhand Throw</b> using proper form: ( <i>hand under ball, face target, swing dominant arm back, step with non-dominant foot, swing arm forward, follow through to target</i> )	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Underhand Catch (Two hands)</b> using proper form: ( <i>ready position, eyes on object, extend hands out, squeeze object with fingers, pull object toward body</i> )	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Kick</b> using proper form: ( <i>stand behind ball, step forward with kicking foot, leap onto non-kicking foot, contact ball, follow through</i> )	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Overhand Throw</b> using proper form: ( <i>stand perpendicular to target, make a “L” with dominate arm, point at target with non-dominant, step towards the target, release object, follow through</i> )	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Basketball Dribble</b> using proper form: ( <i>ready position, push ball to ground with finger pads, eyes forward, keep ball in front of body</i> )	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Underhand Strike (with hand)</b> using proper form: ( <i>object in opposite hand of striking, swing hand back, step, swing striking hand forward, strike the object, follow through</i> )	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Rhythmic Activities – Student is able to demonstrate:</b>	<b>First Trimester</b>			<b>Second Trimester</b>			<b>Third Trimester</b>		
<b>Even Movement Patterns</b> (means each weight change/movement is equal in time, i.e. walking and running)	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>
<b>Uneven Movement Patterns</b> (means one or more of the weight changes/movements is shorter or longer in time than the other(s), i.e. skip, slide,	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>	M <input type="checkbox"/>	MP <input type="checkbox"/>	NY <input type="checkbox"/>

gallop)									
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<b>PERSONAL/SOCIAL SKILLS ASSESSMENT KEY</b>			
<b>* = Consistently Positive</b>	<b>+ = Usually Positive</b>	<b>/ = Sometimes Positive</b>	<b>^ = Seldom Positive</b>
<b>Personal Social Skills:</b> Students demonstrates acceptable levels of the following:	<b>First Trimester</b> <i>August 29 – December 16</i>	<b>Second Trimester</b> <i>January 3 – April 13</i>	<b>Third Trimester</b> <i>April 24 – June 30</i>
<b>Cooperation/Teamwork</b> (works well with others to accomplish goals)	* + / ^	* + / ^	* + / ^
<b>Pride in personal accomplishment</b> (personal/best effort)	* + / ^	* + / ^	* + / ^
<b>Competition/Sportsmanship</b> (respect, accepts outcomes of games)	* + / ^	* + / ^	* + / ^
<b>Responsibility</b> (wears appropriate shoes, keeps self/equipment under control)	* + / ^	* + / ^	* + / ^
<b>Listens to Teacher and Peers</b>	* + / ^	* + / ^	* + / ^
<b>Follows Directions Given by Teacher</b>	* + / ^	* + / ^	* + / ^

**Teacher Comments:**

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**Physical Education**