Pedometer Estimation Sheet 1

Estimate how many steps you will take today in Physical Education Class. ______________

Record the actual number of steps you took. ____________

Is the actual number of steps less than (<), greater than (>), or (equal) = to your estimate. _______

Record the difference between your estimate and the actual steps._________

What was today’s activity in class? _____________________

Name an activity that might have you take more steps?_____________________

Was this assignment difficult for you? Circle your answer and then explain why.
   Yes     No

Did you like this assignment?_____________Why? (explain in space below)
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