

Name:

Grade:

Date:

Pedometer Estimation Sheet 1

Estimate how many steps you will take today in Physical Education Class. _____

Record the actual number of steps you took. _____

Is the actual number of steps less than (<) , greater than (>) , or (equal) = to your estimate. _____

Record the difference between your estimate and the actual steps. _____

What was today's activity in class? _____

Name an activity that might have you take more steps? _____

Was this assignment difficult for you? Circle your answer and then explain why.

Yes No

Did you like this assignment? _____ Why? (explain in space below)

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