Dear ____________________________:

In physical education we are learning how important it is to be able to step with the opposite foot when we throw a ball. Ask me to show you how well I can step with my opposite foot when I throw. Please make sure that I . . .

1. step with my left foot if I throw with my right hand.
2. step with my right foot if I throw with my left hand.

If I can show you that I can do this, please sign and write any comments that you may have, and I will return it to Mr. Pomeroy.

Thank you,

_______________________________
Parent/Guardian Signature