Dear Mom and Dad,

During physical education we have been learning how important it is to be able to find and move in our self-space. Ask me to show you how I can find and move inside my self-space. Please make sure that I can do the following things when I practice at home.

1. I am not close to anyone.
2. I am not close to anything in the room.

If I can show you that I can do these two things, please sign and write any comments that you may have, and I will return it __________.

[Parent's name]
please print