

# "Ask Me..."

Dear Mom and Dad,

During physical education we are learning to travel using different locomotor movements. Ask me to show you how well I can do the following locomotor skills.

1. Hopping \_\_\_\_\_

4. Run \_\_\_\_\_

2. Sliding \_\_\_\_\_

5. Jog \_\_\_\_\_

3. Gallop \_\_\_\_\_

If I can show you that I can do these five things, please check them off, sign and write any comments that you may have, and I will return it to \_\_\_\_\_.

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[Parent's name]

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[Child's name]

Please print