Dear Mom and Dad,

During physical education we are learning to travel using different locomotor movements. Ask me to show you how well I can do the following locomotor skills.

1. Hopping ____  
2. Sliding ____  
3. Gallop ____  
4. Run ____  
5. Jog ____

If I can show you that I can do these five things, please check them off, sign and write any comments that you may have, and I will return it to _______________________.

__________________________________________
[Parent's name]

__________________________________________
[Child's name]  
Please print