

"Ask Me..."

Dear Mom and Dad,

During physical education we are learning how important it is watch the ball in order to catch it. Ask me to show you how well I can track the ball with my eyes when I try to catch it.

1. _____ Toss the ball to me from about ten feet and see if I can track the ball with my eyes and catch it five times in a row.
2. _____ After I make five catches in a row lets take one giant step backward and try it again, again and again.

If I can show you that I can keep my eyes on the ball while doing these tasks please sign this sheet, write any comments that you may have, and I will return it to _____.

[Parent's name]
please print

[Child's name]
please print