The ball is placed on the X’s and students are to kick the ball with proper technique to the other end. Whatever lane the ball emerges from on the other side, is the point value that the pass would receive. Allow the student 3 passes. You may take the best of the three passes as their score or the average of the three. The activity would be worth a total of 10 points. This grid is created using floor tape on a feasible space on the gym floor.
In order to assess a student’s ability to kick with accuracy, recreate this grid on the mat walls of the gym. Be sure that the bottom line is even with the floor level. Students will kick into this grid from a predetermined distance. Ex: K-1 will kick from 10 feet away, 2-3 will kick from 15 feet away and 4-5 will kick from 20 feet away. Allow students 3 kicks, and either take the best kick of the three or average the three kicks to determine the final point value the student will receive. This assessment is worth a total of 10 points.