

Soccer Rubric

LEVEL EARNED	PERFORMANCE
<p>Level 4: Professional Soccer Player</p> 	<ul style="list-style-type: none"> ● Student's shooting foot is extended at the ankle. ● Student's planting foot is parallel to soccer ball. ● Student keeps the shooting knee over the ball and head down. ● Student strikes the ball with the laces and follows through.
<p>Level 3: College Soccer Player</p> 	<ul style="list-style-type: none"> ● Student's shooting foot is extended at the ankle. ● Student's planting foot is parallel to soccer ball. ● Student keeps the shooting knee over the ball and head up. ● Student does not strike the ball with the laces and does not follow through.
<p>Level 2: High School Soccer Player</p> 	<ul style="list-style-type: none"> ● Student's shooting foot is extended at the ankle. ● Student's planting foot is parallel to soccer ball. ● Student does not keep the shooting knee over the ball and head up. ● Student does not strike the ball with the laces and does not follow through.
<p>Level 1: Recreational Soccer Player</p> 	<ul style="list-style-type: none"> ● Student's shooting foot is not extended at the ankle. ● Student's planting foot is parallel to soccer ball. ● Student does not keep the shooting knee over the ball and head up. ● Student does not strike the ball with the laces and does not follow through.

Name of Activity: Soccer shooting skills.

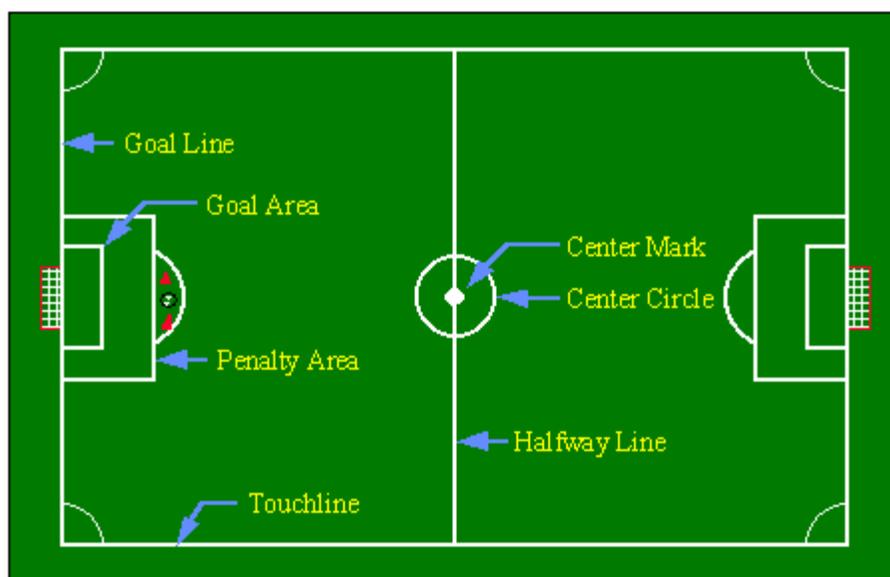
Purpose of Activity: To assess the skills of shooting a soccer ball.

Suggested Grade Level: 9-12

Materials Needed: Soccer rubric, soccer handout, soccer balls, soccer field, soccer goal, cones.

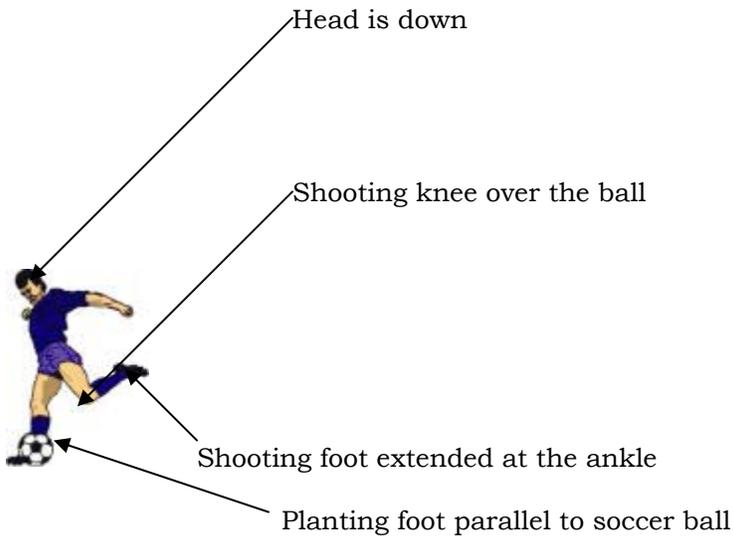
Assessment:

Students will perform 5 shots on the goal without a goalkeeper for this assessment. The assessment will take place on the soccer field. Cones will be placed directly outside the 18yd. Box (Penalty Area), where the soccer ball will be positioned for shooting (as shown below). The students will be assessed using the rubric above. The rubric and the proper technique illustration handout will be given out to students a week prior to the assessment. Students will be expected to study the techniques and practice before the assessment.



Proper technique:

1.



2.

Strike the ball with laces



3.

