

Student Name:

Grade:

Dribbling a Ball Assessment

DIRECTIONS: Answer question Number 1 by putting a check or an X next to the correct answer. Then draw a picture of you dribbling a ball.

1. While dribbling a ball with your hands you should:

A. _____ dribble with the palm of your hands.

B. _____ dribble with the tips of your fingers.

C. _____ dribble with the pads of your fingers.

2. In the space below draw a picture of you dribbling a ball.

| [Home](#) | [Lesson Ideas](#) | [Search PEC](#) | [Assessment Ideas](#) | [Bulletin Boards](#) | [PEC Store](#) | [Fitness and Skills Challenge](#) | [Advertisers](#) | [Videos and Pictures](#) | [Professional Info](#) | [Kids Quotes](#) | [Adapted PE](#) | [Preschool PE](#) | [Classroom Management](#) | [Job Center](#) | [Web Sites](#) | [PE Research](#) | [Best Practices](#) | [PEC Challenge](#) | [About PEC](#) | [Privacy Policy](#) | [Submit Your Ideas](#) | [FAQ's](#) |

Contact us via e-mail at pec@pecentral.org or mail to:

PE Central

P.O. Box 10262

Blacksburg, VA 24062

FAX: 540-301-0112

Phone: 540-953-1043

<http://www.pecentral.org>
