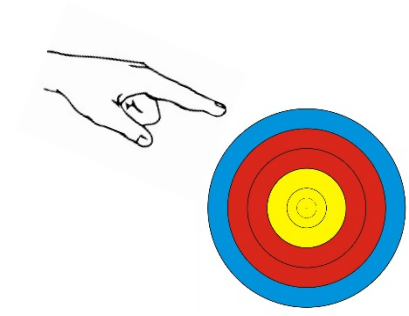


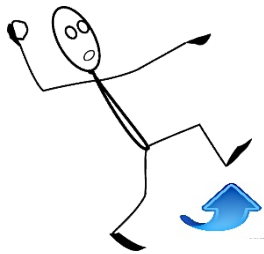
Name _____ Homeroom _____

Label the critical elements of the Overhand Throw:











- Ball back by ear
- Side facing target
- Twist body/Follow Through

- Step with opposite Foot
- Point to Target