

Students Name: _____

Class _____

Hockey Dribbling/Passing Assessment

Hockey Dribbling: Do this on your own

Practice dribbling the ball (tennis, yarn ball, puck, etc.) moving throughout general space on the sports court. When you hear the whistle, stop and mark down on the sheet how well you did with the cues listed below (always, sometimes, never).

When dribbling:	Always	Sometimes	Never
I used small taps to keep the ball close			
I used both sides of my blade			
I was in athletic position (knees bent)			
I looked up for open space			

Hockey Dribbling: Do this with a partner

With a partner play follow the leader moving through general space on the court. When you hear the whistle, stop and mark down on the sheet how well your partner did on the cues listed below (always, sometimes, never).

When dribbling:	Always	Sometimes	Never
I used small taps to keep the ball close			
I used both sides of my blade			
I was in athletic position (knees bent)			
I looked up for open space			

Hockey Passing: Do this with a group of 3 or more

Pass with a partner **stationary** (not moving). When you hear the whistle, mark down on the sheet how well your partner did on the cues listed below (always, sometimes, never).

When dribbling:	Always	Sometimes	Never
I stopped and controlled the ball before passing back			
I passed using the middle of my blade			
I was in athletic position (knees bent)			
I looked up to see target (partner) before passing			

RS