Physical Education Cooperation Self-Reflection
How well did you cooperate and work with others today?

Name

Date Teacher/Class

Rate yourself on your cooperative skills. Pick the top 5 phrases that describe how well you worked with others today. (5 is the highest and 1 is the lowest.)

____ Followed the rules
____ Encouraged and helped others
____ Shared with others
____ Controlled your temper
____ Worked together with others
____ Tried hard to apply skills
____ Wanted everyone to play and succeed
____ Showed concern for classmates' feelings

Write down why did you gave yourself this rating?