

THE BEST PHYS ED APPS



by The PE Geek
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I often get asked about my favourite apps for the PE Classroom. It's a difficult question to answer, however the 8 apps below regularly end up in my suggestions. Enjoy.

1 BALANCE IT

Balance It is a Task Card Resource for PE Teachers. A simple and powerful way to provide students with visual prompts and cues designed to help them develop Gymnastic skills. Featuring over 60 hand drawn images designed to get your students moving - www.thepegeek.com/balanceit



2 BAM VIDEO DELAY

The most exceptional video feedback app I have seen on an iOS device. With this app you can simultaneously record and display delayed video. This means that a PE Teacher can have the app pointed towards any sort of discrete skill and after the skill has been completed the performer has adequate time to return to the screen to see their skill in action. www.thepegeek.com/delay



3 HUDL TECHNIQUE

Use your iPhone, iTouch or iPad camera to record and break down your technique for instant feedback during a practice, race or game. Analyze your baseball swing in super slow motion, compare your tennis serve side-by-side to a pro's, or study your long jump frame by frame. www.thepegeek.com/hudl



4 SWORK IT

An absolute must download. With Swork It, students get dynamically created video routines from 5 to 60 minutes. They set the time! The digital trainer then creates the program to FIT YOUR SCHEDULE. It's a great app for independent warm-ups and workouts. www.thepegeek.com/sworkit



5 VIDEO TAGGER

Video Tagger is a unique and powerful video analysis and assessment tool that makes it possible to capture and tag sports performance. Perfect for producing highlight videos of student performance. www.thepegeek.com/videotagger



6 FIT RADIO

Music is one of the most powerful tools in the PE Classroom, and with this app you have access to an endless stream of high energy music designed to motivate. Fitradio lets you start pumping nonstop and original mixes. Just press play and get moving. www.thepegeek.com/fitradio



7 SEESAW

Seesaw is a student-driven digital portfolio that empowers students of all ages to independently document and share what they are learning at school. If you're looking to share the learning process with parents, students via a secure online portal, then you cannot go past this. www.thepegeek.com/seesaw



8 TEAM SHAKE

A simple app for randomly deciding teams in your classes. A clean but powerful interface enables you to quickly add class lists and sort out random teams in a flash. www.thepegeek.com/teamshake

