



## PE Central Professional Development – Online Courses

<http://sww.teachable.com>

**Course Name:** Introduction to Personalized Learning (using Projects) in Physical Education

**Course Dates:** Ongoing **Cost:** \$99.00

**Credit:** 10 PD hours (1 CEU available for additional cost-St. Mary's College)

**Instructor:** Misti Wajciechowski, Virginia Middle School PE Teacher of the Year

**Assignments:**

- Reading Assignments, Quizzes and Discussion Posts about PBL (4 hours)
- Create your own PBL, implement with students, turn in lesson plan (5 hours)
- Reflection and modifications to PBL lesson plan (1 hour)

**Who Should Take:** Upper Elementary, MS and HS PE teachers interested in learning about personalized learning.

**Purpose of Course:** To introduce the overall concept of personalized learning in physical education. It will provide basic practices that help to enhance instruction through personalized learning in the physical education classroom. Through the use of project based learning (which is a form of personalized learning), the participants in this class will engage in creating a lesson that allows students to become self-directed using individualized instruction.

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**Benefits:**

- Flexibility - Complete assignments at your own pace and schedule
- Feedback - Our instructor will review all of your assignments except quiz
- Grade free - Complete your assignments and wait for instructor feedback

**What you will get out of the course:**

- 10 hours of Professional Development
- Certificate of completion
- 1 CEU (additional cost) from St. Mary's College of California

**What you need to take the course:**

- Access to children (preferably a PE class but any group of children will suffice)
- Access to the Internet using a computer (a tablet will not work at this time)

**To Learn More Contact Mark Manross at PE Central**

678-764-2536 (cell), 540-953-1043 (office)

Enroll: <http://sww.teachable.com> Email: [ecourses@pecentral.org](mailto:ecourses@pecentral.org)