

Description Of Dance:

“All I Want For Christmas is You” By Mariah Carey- Choreography

Time	Task	Cue
0:07 Intro	Slow motion Poses to the rhythm (End with point and quick feet)	pose
0:57 Verse 1	Carlton Banks dance for 8 counts Skip and throw for 8 counts *Repeat*	Carlton
1:22 Hook	Side to side showing the emotion to the music	Side to side
1:40 Verse 2	Carlton Banks dance for 8 counts Skip and throw for 8 counts *Repeat*	Carlton
2:06 hook	Side to side showing the emotion to the music	Side to side
2:26 bridge	Slow motion Poses to the rhythm (End with point to yourself)	Pose
2:52 Verse 3	Carlton Banks dance for 8 counts Skip and throw for 8 counts *don't Repeat*	Carlton
3:05 Hook	Side to side showing the emotion to the music	Side to side
3:21	Freestyle while pointing	freestyle

Assessment Ideas: Videotape the performance and use a checklist to see if every student attempted to complete every move at least once. This should be a formative assessment - this dance is intended to start off a dance unit.

Sample items to assess would be maintaining the beat for the psychomotor domain and reflecting on personal enjoyment, and self-expression in the affective domain.

Variations: You can adjust the specific dance moves as much as you want depending on your students. Students could also be given scarves or percussion instruments to follow along with the beat.

The moves in the dance could be modified to meet whatever grade-level-outcomes the teacher is focusing on in the class.

Suggestions for adapting this activity for kids with disabilities:

For students with mobility issues, the teacher should emphasize movements with the upper body. Students could also be given scarves or percussion instruments to follow along with the beat.

For students who are deaf, be sure to use a subwoofer to emphasize the base. The teacher will also always return to the teaching "sweet spot" for visual cues for when to change to the next move. A video of the dance could also be projected onto the wall.

Additional information about this idea: Have fun! The students will feed off of YOUR energy!