

# "Ask Me..."

Dear Mom and Dad,

During physical education we are learning about moving in different directions. Let me show you how quickly I can move in the following directions.

1. Forward \_\_\_\_\_
2. Sideward \_\_\_\_\_
3. Backward \_\_\_\_\_
4. Up and Down \_\_\_\_\_

If I can show you that I can move in these five directions, please check them off, sign this sheet, and write any comments that you may have, and I will return it to

\_\_\_\_\_.

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[Parent's name]

please print